

HUMAN DEVELOPMENT (HD)

HD 100: College Success (1-3)

This three-credit College Success, first-year experience (FYE) course is designed to introduce first-time students to the college environment. The course will seek to foster a sense of community among first year students, familiarize students with the college environment, and develop an appreciation of learning. Along the way, students will be engaged in activities intended to orientate them to the college, provide them with resources, and help them develop skills necessary to succeed at Umpqua Community College (UCC) and beyond. 3 lecture hrs/wk

Terms Typically Offered: Fall, Winter, Spring, Summer

HD 136: Strategies for Success (3)

This course is designed to help students create greater success in college and in life. Students will explore empowering strategies by writing a guided journal, participating in small group and class activities, and completing a final course project. Making these strategies their own through application, they will have the ability to improve the outcomes of their lives academically, professionally, and personally. This course is required for all students in the Practicing Success cohort. 3 lecture hrs/wk

Terms Typically Offered: Fall, Winter, Spring

HD 208: Career-Life Planning (3)

Career Planning is designed to help students make occupational decisions based on self-evaluation and on information and analysis of current career information. Career planning is an on-going dynamic process not a one time decision. This class will focus on the development of a "Life Plan," an integration of information about you and your life goals, and which careers are suitable for this plan. People in the class are at various stages of career planning; some are taking initial steps in the process while others have a solid plan in place. 3 lecture hrs/wk

Prerequisite: WR 115.

Terms Typically Offered: Fall, Winter, Spring