

HUMAN SERVICES (HS)

HS 100: Introduction to Human Services (3)

An overview of the scope and development of human services, including models of service delivery, historical context, clientele, the helping process, career opportunities, and professional ethics

Terms Typically Offered: Fall

HS 102: Addiction Pharmacology (3)

An overview of drug use, misuse and addiction, including drug chemistry, physiological effects upon the body and specific treatment formats and techniques. Consideration of current drug use and the psychological/behavioral aspects of client misuse and addiction will be examined along with the impact of culture and genetics. This class is accepted by MHACBO to meet certification requirements for alcohol and drug counselors

Terms Typically Offered: Winter

HS 108: Understand BEH-EMOT Iss-Old Pop (3)

This class is an introduction to the issues of aging. Although designed for human service workers in various fields, others working with the public in any field of study may find their skills in working with the elderly enhanced. The class is interdisciplinary in its approach, including the review of articles related to biological sciences, medicine, nursing, psychology, sociology, and social work. As the population in the United States ages, it is vital that we recognize the importance of effectively relating to older clients, patients and consumers

Terms Typically Offered: Winter

HS 110: Peer Recovery Mentor (4)

This course is designed to help students interested in becoming a Peer Support Specialist (PSS) or Peer Recovery Mentor obtain the skills, resources, and evidence-based practices that are essential for Peer Delivered services in an Addiction Treatment environment. The course will provide opportunities to explore recovery tools consistent with current evidence-based practices while using a developmental cross-cultural perspective for professional development

Terms Typically Offered: Summer

HS 150: Personal Effect for HS Workers (3)

This course develops knowledge and skills to improve personal effectiveness. Readings, surveys, interviews, and in class exercises to improve skills in self-awareness, values clarification, individual working and communication styles, conflict resolution, and problem-solving strategies

Terms Typically Offered: Fall

HS 154: Community Resources (3)

An overview of the diversified field of human services via classroom presentations and presentations by local human services agencies/organizations in order to understand their purpose and philosophy, scope of services, methods of operation, funding services, populations served, and career opportunities

Terms Typically Offered: Winter

HS 155: Counseling Skills I (3)

This course will provide students with theoretical knowledge and interviewing skills required of human service workers in a variety of work settings including substance abuse counselors. Students will learn the basic processes used for information gathering, problem-solving, and information or advice giving. They will learn about and practice the skills associated with conducting an effective interview. Students will be sensitized to the issues common to interviewing people of differing cultural backgrounds. This class is accepted by MHACBO to meet certification requirements for alcohol and drug counselors

Terms Typically Offered: Winter

HS 209: Trauma-Theory to Practice (3)

This course introduces students to the sources of and prevalence of trauma in society, including vicarious trauma and cultural trauma. Course content covers the physical, cognitive, emotional, social, and behavioral responses to traumatic experiences. In addition, this course provides a framework for recognizing, responding to, and intervening with people experiencing trauma symptoms, with a specific focus on trauma informed care

Terms Typically Offered: Winter

HS 211: HIV AIDS-Infectious Disease (2)

The epidemiology of HIV/AIDS, hepatitis, tuberculosis, and sexually transmitted diseases that frequently infect people who use drugs or who are chemically dependent. Students will examine prevention strategies, risk assessment protocols, harm reduction methods, and treatment options. The legal and policy issues that impact infected individuals as well as the larger community will be explored. This class is accepted by MHACBO to meet certification requirements for alcohol and drug counselors

Terms Typically Offered: Spring

HS 214: Working with People with IDD (3)

The course explores the history and basic knowledge of the scope of practice for job coaches and others who support individuals with I/DD (Intellectual and Developmental Disabilities). This includes training on how to support others to find, effectively perform, and maintain their jobs in the community. Other topics include person-centered practice including dignity and respect, self-determination, and health and safety

Terms Typically Offered: Spring

HS 217: Group Counseling Skills I (3)

An introductory course designed to prepare students to describe, select, and appropriately use strategies from accepted and culturally appropriate models for group counseling with clients having a variety of disorders including substance abuse. This class is accepted by the MHACBO to meet certification requirements for alcohol and drug counselors.

Registration-Enforced Prerequisite: HS 155 or instructor approval.

Terms Typically Offered: Spring

HS 226: Ethics and Law (3)

How to deal with and apply ethical and legal standards. Federal and state laws and regulations that apply to the field of human services and substance abuse treatment. This class is accepted by MHACBO to meet certification requirements for alcohol and drug counselors

Terms Typically Offered: Spring

HS 227: Family Systems and Trauma (3)

This course is designed to help students develop their knowledge of how trauma impacts families and their functioning. A wide range of traumatic experiences occurring both within and outside of the family system are covered, including addiction, abuse, and intergenerational trauma. Students will develop trauma-informed skills to identify trauma in families, engage with individuals and families experiencing crises, refer to appropriate resources, and promote resiliency

Terms Typically Offered: Fall

HS 229: Crisis Intervention-Prevention (3)

This course will provide students with theoretical knowledge and practical skill required of human service workers in a variety of work settings including substance use disorder counseling. Basic theories of crisis intervention and prevention will be presented. Opportunities will be provided for students to practice skills learned in the classroom setting for preventing, managing, and intervening in a variety of crisis situations. Trauma informed care and its implication for crisis intervention, mental health, cultural and socio-economic implications will be included

Terms Typically Offered: Spring

HS 265: Counseling Skills II (3)

This course builds on the skills covered in HS 155: Counseling Skills I. In addition to reviewing the basic processes and skills used for interviewing clients, students will explore and practice new technical skills. These include the skills of confrontation, focusing the interview, eliciting and reflecting meaning, strategies for change, skill integration and determining personal style. Cross-cultural counseling issues will also be included. (Formerly titled Casework Interviewing.)

Prerequisite: HS 155 or instructor approval.

Terms Typically Offered: Fall

HS 266: Case Mgmt for HS Workers (3)

This course is designed to address the concepts and skills necessary to effectively work as a case manager for any human services delivery program. The student will practice identifying participant (client) strengths. In addition, strategies for the case manager to provide an environment for change that encourages movement from one stage into another is a significant focus of the course. Classroom practice in all areas of case management will allow for student skill development. Students will complete a case management chart for a real client (for those interning or in an appropriate CWE placement) or a classroom peer. This class is accepted by MHACBO to meet certification requirements for alcohol and drug counselors

Terms Typically Offered: Winter

HS 267: Culturally Informed Care (3)

This course demonstrates how understanding cultural differences impacts service delivery in human service programs. Personal, community, and institutional bias will be discussed. Practice in delivery and adaptation of counseling strategies cross-culturally will be included

Terms Typically Offered: Spring

HS 280: CWE-Human Svcs (1-13)

Qualified students work at training sites that provide experience appropriate to their major. These experiences will provide the opportunity for students to gain knowledge of the various tasks performed in their career field. A student may take any number of CWE credits per term, not to exceed 12 credits per year.

Registration-Enforced Prerequisite: instructor approval.

Terms Typically Offered: Fall, Winter, Spring, Summer