

# PSYCHOLOGY (PSY)

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## **PSY 101: Psychology of Human Relations (3)**

The purpose of this course is to enhance students' understanding of the variety and complexity of human interactions. The focus is on the practical application of psychology in everyday situations; topics include self-concept, perception, personality development, cultural diversity, conflict resolution, emotions, stress, interpersonal communications, workplace success, and behavioral change. 3 lecture hrs/wk

**Terms Typically Offered:** Fall, Winter, Spring, Summer

## **PSY 130: Understanding Child Behavior (3)**

This course introduces students to the basic principles of understanding child behavior by providing a comprehensive framework in supporting students to become a responsive teacher. Discussion and practice of ideas presented include understanding children's responses to trauma, trauma responsive care, methods of guidance; effective communication; conflict resolution; sexuality; developing healthy self-concepts; and a democratic approach to living. 3 lecture hrs/wk

**Terms Typically Offered:** Winter

## **PSY 201: General Psychology I (4)**

Introduces the basic concepts and theories of psychological science. Engages in critical awareness of psychology's integrative themes through lectures and discussion. Students will have an opportunity to address real world problems using psychological methods in the following topic areas: psychological foundations, research methods, biopsychology, consciousness, sensation & perception, thinking & intelligence, memory, and lifespan development. 4 lecture hrs/wk

**Recommended Prerequisite:** Placement by approved measure into WR 115.

**Terms Typically Offered:** Fall, Winter, Spring, Summer

## **PSY 202: General Psychology II (4)**

Introduces the basic concepts and theories of psychological science. Engages in critical awareness of psychology's integrative themes through lectures and discussion. Addresses real world problems using psychological methods in the following topic areas: learning, personality, social psychology, motivation & emotion, human sexuality, industrial & organizational psychology, community psychology, health psychology, psychological disorders, and therapy & treatment. 4 lecture hrs/wk

**Terms Typically Offered:** Fall, Winter, Spring, Summer

## **PSY 231: Human Sexuality (3)**

Introduces the biological, psychological, and sociocultural components of human sexuality. Engages in critical awareness of social issues regarding human sexuality through lectures, discussion, and critiques. Focuses on designing advocacy materials to promote positive sexual health. 3 lecture hrs/wk

**Terms Typically Offered:** Winter

## **PSY 239: Abnormal Psychology (3)**

Introduces the biological, psychological, and sociocultural components of abnormal behavior. Engages in critical awareness of social issues regarding abnormal behavior through lectures, discussion, and critiques. Focuses on designing advocacy materials to promote positive mental health. 3 lecture hrs/wk

**Registration-Enforced Prerequisite:** PSY 201 and 202 or instructor permission.

**Terms Typically Offered:** Spring

## **PSY 270: Psychology of Sport (3)**

This course focuses on the application of psychological factors such as motivation, concentration, anxiety and confidence; which influence sports, athletic performance, exercise, and physical activity. Emphasis is on how psychology can be used to improve athletic performance, improve mental well-being, and lower stress levels. 3 lecture hrs/wk

**Recommended Prerequisite:** PSY 201, PSY 202.

**Terms Typically Offered:** Spring

## **PSY 280: CWE: Psychology (1-13)**

Qualified students work at training sites that provide experience appropriate to their major. These experiences will provide the opportunity for students to gain knowledge of various tasks performed in their career field. A student may take any number of CWE credits per term, not to exceed 13 credits per year. 1 credit = 33 hours of lab

**Registration-Enforced Prerequisite:** Instructor approval.

**Terms Typically Offered:** Fall, Winter, Spring, Summer