

PSYCHOLOGY (PSY)

PSY 101: Psychology of Human Relations (3)

The purpose of this course is to enhance students' understanding of the variety and complexity of human interactions. The focus is on the practical application of psychology in everyday situations; topics include self-concept, perception, personality development, cultural diversity, conflict resolution, emotions, stress, interpersonal communications, workplace success, and behavioral change

Terms Typically Offered: Fall, Winter, Spring, Summer

PSY 130: Understanding Child Behavior (3)

This course introduces students to the basic principles of understanding child behavior by providing a comprehensive framework in supporting students to become a responsive teacher. Discussion and practice of ideas presented include understanding children's responses to trauma, trauma responsive care, methods of guidance; effective communication; conflict resolution; sexuality; developing healthy self-concepts; and a democratic approach to living

Terms Typically Offered: Winter

PSY 201Z: Introduction to Psychology I (4)

Introduction to the science and application of psychology. Emphasis will be placed on psychological concepts, theories, and principles related to: Research Methods, Behavioral Neuroscience, Consciousness, Sensation/ Perception, Learning, Memory, Thinking and Intelligence, and related topics

Terms Typically Offered: Summer, Fall, Winter, Spring

PSY 202Z: Introduction to Psychology II (4)

Introduction to the science and application of psychology. Emphasis will be placed on psychological concepts, theories, and principles related to: Personality, Social Psychology, Health and Well-Being, Motivation and Emotion, Disorders, Therapies, Lifespan Development, and related topics

Terms Typically Offered: Summer, Fall, Winter, Spring

PSY 215: Lifespan Development (4)

Explores major theories of human development from prenatal development to death. Emphasizes biological, cognitive, emotional, and social development throughout the lifespan. Examines cultural influences on development

Terms Typically Offered: Fall, Winter, Spring, Summer

PSY 231: Human Sexuality (3)

Introduces the biological, psychological, and sociocultural components of human sexuality. Engages in critical awareness of social issues regarding human sexuality through lectures, discussion, and critiques. Focuses on designing advocacy materials to promote positive sexual health

Terms Typically Offered: Winter

PSY 239: Abnormal Psychology (3)

Introduces the biological, psychological, and sociocultural components of abnormal behavior. Engages in critical awareness of social issues regarding abnormal behavior through lectures, discussion, and critiques. Focuses on designing advocacy materials to promote positive mental health.

Registration-Enforced Prerequisite: PSY 201Z and PSY 202Z or instructor approval.

Terms Typically Offered: Spring

PSY 270: Psychology of Sport (3)

This course focuses on the application of psychological factors such as motivation, concentration, anxiety and confidence; which influence sports, athletic performance, exercise, and physical activity. Emphasis is on how psychology can be used to improve athletic performance, improve mental well-being, and lower stress levels.

Recommended Prerequisite: PSY 201Z, PSY 202Z.

Terms Typically Offered: Spring

PSY 280: CWE: Psychology (1-13)

Qualified students work at training sites that provide experience appropriate to their major. These experiences will provide the opportunity for students to gain knowledge of various tasks performed in their career field. A student may take any number of CWE credits per term, not to exceed 13 credits per year.

Registration-Enforced Prerequisite: instructor approval.

Terms Typically Offered: Fall, Winter, Spring, Summer