

TRAUMA INFORMED CARE CERTIFICATE

Program Description

Grounded in the latest research and best practices, the Trauma Informed Care micro-credential certificate delves into the principles of trauma-informed approaches, emphasizing empathy, cultural sensitivity, and resilience. This program is designed for professionals in human services, mental health, social work, and community services who seek to enhance their understanding of trauma and trauma-informed care. Upon completion of the Trauma-Informed Care Certificate, participants will be well-equipped to create environments that prioritize safety, promote healing, and empower individuals on their journey toward recovery from trauma.

Program Outcomes

1. Apply culturally responsive and culturally specific approaches to effectively serve clients in an inclusive, nonjudgmental environment.
2. Perform basic interpersonal skills needed to effectively work with diverse populations.
3. Apply best practices for recognizing, responding to, and intervening with people experiencing trauma symptoms in a trauma informed, culturally responsive manner.

Career Considerations

This certification is embedded within the AAS in Human Services program. It enhances students' competitiveness for employment opportunities within agencies where students will be working with clients who have undergone trauma. Beyond the AAS degree, this program offers valuable insights for professionals already engaged in the field, enabling them to deepen their understanding of trauma and trauma-informed care, thereby enhancing their efficacy as helping professionals.

Program Course Recommendations

Course	Title	Credits
First Year		
First Term		
HS 227	Family Systems and Trauma	3
Credits		3
Second Term		
HS 155	Counseling Skills I	3
HS 209	Trauma-Theory to Practice	3
Credits		6
Third Term		
HS 229	Crisis Intervention-Prevention	3
HS 267	Culturally Informed Care	3
Credits		6
Total Minimum Credits		15